

DEEP CONVO STARTERS

PREPARATION

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1. Before any meet-up, ask for the Holy Spirit to lead and guide you!
2. List 1-2 topics you would like to talk about, e.g. negative thoughts, bad habits, etc.
3. Arrange a video call. NO. TEXTING. DEEP. CONVOS. (If it's spontaneous, do a video call afterwards to follow up.)

PREPARATION

4. Different scenarios:

a. Showing care

- Note key events that happened in the member's life recently that you should address.
- Consider what he/she might be feeling or thinking.

b. Confrontation

- Hopefully, you've already built influence by hanging out with this person casually previously before attempting a deep confrontation convo.
- Assume the best of your member!
- Pre-empt your member that you want to talk beforehand, e.g. "After CG do you have a minute? I just want to have a quick chat with you about a small issue that's come to my attention. Just wanted to give you a heads up!"

PREPARATION

5. Don't be scary. Show that you love your member no matter what!
 - a. Smileeee and make appropriate jokes.
 - b. Affirm and praise the effort you see your member taking, no matter how small.
6. Get another leader to join you if it's a tricky convo.
 - a. If the member is of an opposite gender, get someone of the same gender as the member.

DURING THE MEET-UP

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1. Describe what you observe.
 - a. "You seem to be really down/stressed/distracted recently..."
 - b. "I could be wrong, but you seemed upset about this..."
2. LISTEN.
 - a. Put aside every pre-conceived idea about why or what your member did.
 - b. Our aim is to UNDERSTAND him/her.
 - c. Ask direct questions to get his/her opinion:
 - What do you think of this?
 - What are your thoughts?
 - Would you agree with that assessment or am I missing anything?
 - Is there anything you feel I need to be aware of?
 - How are you feeling right now?
3. Take ownership of what you say.
 - a. "I've noticed this area I wanna talk to you about..."

DURING THE MEET-UP

4. If you need to correct someone, make it a sandwich.
 - a. Affirm on a specific area, correct on a specific area, and re-affirm a specific area.
5. If you need to instruct, explain the "why".
 - a. "We don't swear because it disrespects God and the people He created."
 - b. "We don't come late because we treasure the time we have with God and His people."
 - c. "We dress to not distract because we're not about ourselves but about what's best for others!"

DURING THE MEET-UP

6. Be clear about what you are saying.
 - a. Don't "soften" the impact by being unclear.
7. Check your member's response.
 - a. Ask them how they feel about what you are saying.
 - b. You can get them to reflect what you are saying to make sure they get it.
8. ALWAYS END WITH HOPE.
 - a. Pray together.
 - b. Speak life and a vision of God's plan over your member.

CLOSING

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1. Make a note to follow up if any issue was opened in the convo.
2. Account to your leader if it is a serious issue (or just any issue! It's better for your leaders to know!)

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